

WELCOME

to our Perfect Paradise

EXPERIENCE AN ENDLESS ARRAY OF
ACTIVITIES FROM SERENITY TO ADVENTURE
AND EVERYTHING IN BETWEEN.



BEACH & POOL

The place to see and be seen is the Limin' Pool, offering unobstructed views straight out to the Caribbean Sea horizon. Along with nearly three miles of pristine beachfront and an endless array of watersports activities, including complimentary non-motorized water toys, guests can easily make the most of their beach day.

Hours: 9:00 am - 5:00 pm

ROBERT TRENT JONES II GOLF COURSE

The 18-hole signature golf course is woven into the landscape of the Island, winding over 6,766 yards from the slopes of Nevis Peak down to the edge of the Caribbean Sea – not to mention the friendly faces of the Island's Green Vervet monkeys that call the course home.

Pro Shop : Available Upon Request
Golf: 7:00 am - 5:00 pm
Tennis: 7:00 am - 9:00 pm

KIDS FOR ALL SEASONS

The Kids For All Seasons program includes supervised recreational, creative and educational activities for guests' children ages 6-12. Ages 5 and below must be accompanied by a parent at all times.

Hours: 4:00 pm - 6:00 pm
24hrs in advance bookings



ADDITIONAL OUTLET HOURS

The Spa: 10:00am - 7:00pm*
The Boutique: 10:00 am - 6:00 pm
Watersports: 9:00 am - 12:00 pm; 1:30 pm - 4:00 pm*
Gym: 6:00 am - 5:00 pm*
(By Appointment Only)

SUNSET HAPPY HOUR 5PM-7PM DAILY AT ON THE DUNE BAR



Come to On the Dune Bar for Happy Hour that's sure to be the highlight of the week. Enjoy 2 for 1 local beers, rum punch and daily wine selection.

GOLF CLINICS | 11:15 AM - 12 PM PRO SHOP | ADULT CLINIC

Sunday: Intro to golf
Monday: Chipping & Pitching
Tuesday: Long Irons
Wednesday: Putting
Thursday: Driver & Woods
Friday: Combination Shots
Saturday: Improving Scores



SCHOOLCATION 8:00 AM - 3:00 PM | HAMILTON ROOM

Schoolcation provides kids remote-learning support during school hours, followed by a daily after-school program that includes a variety of active and educational activities.



DINING



7:00 AM - 11:00 AM
BREAKFAST

11:00 AM - 4:00 PM
LUNCH

6:00 PM - 9:00 PM
DINNER

11:00 AM - 11:00 PM
DRINKS

4:00 PM - 11:00 PM
LIGHT BITES

SUNDAY

9:00 AM - 10:00 AM **ECO-BIO GOLF | PRO SHOP - \$45**

We recommend hitting a golf ball or two into the sea. In fact, our eco-bio golf balls are perfect for doing just that. These balls turn into fish food within 72 hours after hitting the ocean floor. Guests can have beach-side golf competition while feeding the ecosystem. Whether beginners or advanced enthusiasts, the entire family will get to enjoy practicing their swing on a mini beach driving range.

10:00 AM - 11:00 AM **FISH FEEDING | AROUND THE RESORT (KFAS)**

With hundreds of tropical fish swimming freely at the beach or pound, it is certainly a fun and colourful site to see them swim around. All ages welcome.

11:00 AM - 12:00 PM **SCAVENGER HUNT | KIDS FOR ALL SEASONS**

It's time to think like a pirate and race to find the hidden treasures. Kids will enjoy a fun and interactive scavenger hunt around the property by putting their minds to the test to get the prize.

11:15 AM - 12:00 PM **GOLF CLINIC INTRO TO GOLF | PRO SHOP - \$55**

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

2:00 PM - 3:00 PM **SIMON SAYS | SPLASH PAD**

Listen close or you might be out. Kids can enjoy a fun game of Simon says at our Splash Pad while they cool off under the Caribbean sun.

3:30 PM - 4:30 PM **SANDCASTLE BUILDING | KIDS FOR ALL SEASONS BEACH**

A day at the beach with the family is not complete without building a sandcastle. Our Beach and Pool team provides kid-friendly, sandcastle molds, buckets and pails for use on your beach day.

6:00 PM - 9:00 PM **DINNER | ON THE DUNE**

An upscale and relaxed beachside restaurant that highlights an eclectic blend of Caribbean and American cuisines, using the freshest in regional seafood and local produce and bar offerings that are focused around a noteworthy selection of wines by the glass and a well-executed cocktail program.



MONDAY

11:15 AM - 12:00 PM

GOLF CLINIC CHIPPING PITCHING | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

1:00 PM - 2:00 PM

HOT SAUCE MAKING CLASS | TERRACE - \$100

Experience a culinary delight for all senses. Join famed hot sauce maker Chef Llewellyn Clarke for a hot and spicy cooking class where you'll create Paw Paw Pepper Sauce using the freshest ingredients that are abundant on the Island. You'll even get to take your very own bottle home to show off your tasty creation.

3:00 PM - 4:00 PM

CHIP AND SIP | PRO SHOP - \$35

Get ready to swing for the shore with a drink or two during our Chip and Sip mid-day pick-me-up. Chip and Sip is perfect for golf aficionados or novices who want to enjoy a quick few holes while enjoying a local beer or signature rum punch.

4:00 PM - 5:00 PM

WATER GAMES | PINNEY'S BEACH (KFAS)

The kids can cool off while staying active with a fun water games near the beach.

4:30 PM - 5:30 PM

MONKEY SPOTTING TOUR | PRO SHOP

The 18-hole on-site golf course features breathtaking views of the Resort, the Caribbean and the neighbouring island of St. Kitts. The team will show you everything from the Resort botanicals to the famous green vervet monkeys. There's even time to take a swing with your club as you tour!

5:00 PM - 6:00 PM

SCIENCE FUN | KIDS FOR ALL SEASONS LAWN

It's time to let out your inner scientist. Kids will enjoy making this classic STEM project using simple ingredients for a big effect.

6:00 PM - 9:00 PM

DINNER | ON THE DUNE

An upscale and relaxed beachside restaurant that highlights an eclectic blend of Caribbean and American cuisines, using the freshest in regional seafood and local produce and bar offerings that are focused around a noteworthy selection of wines by the glass and a well-executed cocktail program.





TUESDAY

11:15 AM - 12:00 PM

GOLF CLINIC LONG IRONS | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

4:00 PM - 6:00 PM

FOOT GOLF | PRO SHOP - ADULTS \$90 OR \$60 WITHOUT CART & KIDS \$45

Get a whole new view of our championship golf course with a game of foot golf. Played similarly to golf, players kick a soccer ball instead of striking a golf ball, working toward a 21-inch "cup" in place of the usual golf hole. The player who finishes the course with the fewest shots wins!

4:00 PM - 5:00 PM

PUTT PUTT GOLF | GOLF COURSE (KFAS)

Head to the golf course for a fun game of miniature golf. The aim of the game is to score the lowest number of points to win. Grab your favorite color ball and head for the course.

4:00 PM - 5:00 PM

COCONUT STORY | OUTDOOR LAWN

Join "Uncle Mac Kee," our Director of Guest Experiences, for a lesson on how the coconut plays a vital role in Nevisian culture, history and cuisine. Sitting on the lawn, you'll nibble on local coconut snacks and watch him and local narrator talk about all the benefits and uses of the coconut and tree.

5:00 PM - 6:00 PM

FIND IT. KEEP IT | KIDS FOR ALL SEASONS

Go on the hunt for prizes around the Resort, and what you find, you get to keep.

6:00 PM - 10:00 PM

MEXICAN FIESTA | ON THE DUNE

It's time for a Mexican Fiesta to get through the week. This is taco Tuesday kicked up ten notches. Try authentic Mexican dishes with a Caribbean twist.

7:00 PM - 9:00 PM

ENTERTAINMENT | ON THE DUNE

Enjoy the night away with some of the islands favourite local bands and entertainers.

WEDNESDAY

11:15 AM - 12:00 PM

GOLF CLINIC PUTTING | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

4:00 PM - 5:00 PM

BOTANICAL TOUR | PRO SHOP

Take a ride along the golf course and learn about the amazing, beneficial and tasty plants that are native to the Caribbean. This fun, educational botanical tour will leave you with a few facts and lots of laughs.

4:00 PM - 6:00 PM

FOOT GOLF | PRO SHOP - KFAS | GOLF COURSE

Get a whole new view of our championship golf course with a game of foot golf. Played similarly to golf, players kick a soccer ball instead of striking a golf ball, working toward a 21-inch "cup" in place of the usual golf hole. The player who finishes the course with the fewest shots wins!

5:00 PM - 6:00 PM

MAKE AND TAKE CRAFT (POPSICLE) | KIDS FOR ALL SEASONS LAWN

Craft picture-perfect creations and let your imagination run wild during the many arts and craft sessions.

6:00 PM - 9:00 PM

DINNER | ON THE DUNE

An upscale and relaxed beachside restaurant that highlights an eclectic blend of Caribbean and American cuisines, using the freshest in regional seafood and local produce and bar offerings that are focused around a noteworthy selection of wines by the glass and a well-executed cocktail program.

6:00 PM - 9:00 PM

BBQ DINNER | MANGO RESTAURANT

Enjoy a finger-licking-good BBQ here at Mango. From grilled spiny lobster to fall-off-the-bone ribs and, of course, all the fixings like macaroni pie, rice and peas, coleslaw and salad all include to fill you up while enjoying Greenhouse Band play your favourite songs.

7:00 PM - 9:00 PM

ENTERTAINMENT | MANGO RESTAURANT

Enjoy the night away with some of the islands favourite local bands and entertainers.



The Activity Guide is subject to change at any time based on government protocols and regulations. Prior reservations are required as activities will have limited capacities. Additional fees may apply.

THURSDAY

11:00 AM - 12:00 PM

NEVIS INSIDE SCOOP | OUTDOOR LAWN

Get the inside scoop on island life, and you might just pick-up on the dialect. Guests can sit down with one of our local Nevisians and learn a few sayings and traditions to bring a little bit of the Caribbean back home.

11:15 AM - 12:00 PM

GOLF CLINIC WOODS AND DRIVERS | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

4:00 PM - 5:00 PM

LIZARD HUNTING | KIDS FOR ALL SEASONS

It's all about having the perfect technique when trying to catch these slippery creatures, so be sure to have your eyes peeled as they scurry across the grass.

5:00 PM - 6:00 PM

GET WET SPLASH | SPLASH PAD

Families can make a splash at our newly added Splash Pad between the Kids For All Seasons Clubhouse and the Calypso Pool.

6:00 PM - 9:00 PM

GRILL NIGHT | ON THE DUNE BEACH

Listen to the waves crashing near your feet as the sun begins to set on another beautiful day in paradise. Dine beachside while enjoying delicious Caribbean grilled cuisine and craft cocktails.

7:00 PM - 9:00 PM

ENTERTAINMENT | ON THE DUNE

Enjoy the night away with some of the islands favourite local bands and entertainers.



FRIDAY

11:15 AM - 12:00 PM

GOLF CLINIC COMBO SHOTS WITH FOCUS ON THE FINISH | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

4:00 PM - 5:00 PM

VOLCANO FUN | KIDS FOR ALL SEASONS LAWN

The kids will head to Pinney's Beach to build sand volcanoes and with a little help from science and a few drops of vinegar and baking soda, watch them erupt.

5:00 PM - 6:00 PM

SCIENCE FUN | KIDS FOR ALL SEASONS LAWN

It's time to let out your inner scientist. Kids will enjoy making this classic STEM project using simple ingredients for a big effect.

5:00 PM - 6:00 PM

RUM TASTING WITH KENDIE WILLIAMS | ON THE DUNE BAR- \$85

Take a seat at On the Dune Bar to take trip around world to enjoy some of the finest spirits as you sip your way through the history of rum in Nevis and the Caribbean.

6:00 PM - 9:00 PM

DINNER | ON THE DUNE

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SATURDAY

10:00 AM - 11:00 AM

NATURE WALK | AROUND THE RESORT (KFAS)

Keep your eyes peeled for animals that call Nevis home.

11:00 AM - 12:00 PM

MAKE AND TAKE CRAFT | KIDS FOR ALL SEASONS LAWN

Craft picture-perfect creations and let your imagination run wild during the many arts and craft sessions.

11:15 AM - 12:00 PM

GOLF CLINIC IMPROVING SCORES | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

2:00 PM - 3:00 PM

LAWN GAMES | HERB GARDEN AREA (KFAS)

Enjoy a variety of fun and games from Bocce Ball, ping pong, shuffleboard and a life-size chessboard. With the Kool Rummings rum cart rolling by with a few drinks, the games will keep going all evening long.

3:00 PM - 4:00 PM

TRUTH OR DARE FUN | KIDS FOR ALL SEASONS

Truth or dare? Players are given a choice between answering a question truthfully or performing a "dare," both of which are set by the other players.

4:00 PM - 5:00 PM

SHELL COLLECTION AND CRAFT | PINNEY'S BEACH (KFAS)

Dip your toes in the golden sand as you comb the beach for beautiful and unique shells to add to your collection and bring a little piece of paradise home.

6:00 PM - 9:00 PM

DINNER AT ON THE DUNE

An upscale and relaxed beachside restaurant that highlights an eclectic blend of Caribbean and American cuisines, using the freshest in regional seafood and local produce and bar offerings that are focused around a noteworthy selection of wines by the glass and a well-executed cocktail program.