

Presented by the UCSF Colitis and Crohn's Disease Center
Division of Gastroenterology, Department of Medicine and
Department of Radiology
University of California • San Francisco, School of Medicine



2025

20th UCSF Updates in Inflammatory Bowel Disease

FRIDAY – SUNDAY

November 7–9, 2025

St. Regis San Francisco
San Francisco, CA



ST REGIS
SAN FRANCISCO

UCSF Department of Radiology
and Biomedical Imaging

OVERVIEW

The UCSF Colitis and Crohn's Disease Center is dedicated to providing comprehensive care for individuals with Crohn's disease, ulcerative colitis, and related illnesses. As part of this commitment, we are proud to present our twentieth inflammatory bowel disease (IBD) symposium. This course will address advances in the medical and surgical management of Crohn's disease and ulcerative colitis including novel therapies and optimizing current medications. Management of special populations including the pregnant patient and those with complications of therapy will be discussed. This year's course also includes a workshop on Intestinal Ultrasound for IBD.

WHO SHOULD ATTEND THIS COURSE?

This symposium is designed for gastroenterologists, colorectal surgeons, internists, and other health professionals who participate in the management of this complicated patient population.

OBJECTIVES

Upon completion of this course, attendees will refine their approaches to:

- Correct choice of therapy and adequate monitoring of therapy efficacy among patients with IBD
- Appropriately utilize novel diagnostics including intestinal ultrasound
- The unique challenges for special populations in IBD - pregnant patients, older patients, and LGBTQ patients
- Endpoints of therapy for IBD
- Discussing and incorporating novel therapies and biosimilars with their patients
- Appropriately prescribing dietary therapy for IBD

ACCREDITATION

In support of improving patient care, the University of California, San Francisco is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

UCSF designates this live activity for a maximum of **12.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the live activity. This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA category 1 credit™ for the PRA for organizations accredited by the ACCME.

20th UCSF Updates in Inflammatory Bowel Disease

Friday November 7, 2025

4:00 pm	Registration	
5:00	Introduction to Intestinal Ultrasound for IBD: Workshop	Rishika Chugh, MD Liina Poder, MD
7:00	Adjourn	
7:00 pm	Product Theater Dinner (Optional)	

Saturday, November 8, 2025

7:00 am	Registration and Breakfast	
7:00-7:30	Product Theater (optional)	
8:00	Welcome and Overview	Uma Mahadevan, MD
8:10	State of the Art: Management of Ulcerative Colitis	Millie Long, MD
8:50	State of the Art: Management of Crohn's Disease	Miguel Regueiro, MD
9:30	Positioning Therapies for IBD: Network Metanalysis	Siddharth Singh, MD
10:00	Questions to the Panel	<i>Moderator:</i> Uma Mahadevan, MD
10:20	Coffee Break	
10:40	Medical Case Presentations <i>Panel: Emily Finlayson, MD; Ryan Gill, MD, PhD; Millie Long, MD; Miguel Regueiro, MD; Siddharth Singh, MD</i>	<i>Moderator:</i> Uma Mahadevan, MD
12:00 pm	Course Luncheon	
1:00	Use of IBD Therapy in a Patient with Malignancy	Fernando Velayos, MD
1:30	Diets and IBD: Myth, Fact, Future	Neha Shah, RD
1:55	UCSF Speed Round: Sub-Sub-Specialties (15 min each) <ul style="list-style-type: none">• Celiac Disease• Eosinophilic Esophagitis• Intestinal Ultrasound• LGBTQ and IBD• Geriatric Patient with IBD• Acute Severe Ulcerative Colitis• Pregnancy and IBD	Max Brondfield MD Priya Kathpalia MD Rishika Chugh MD Justin Field MD Kendall Beck MD Sara Lewin MD Uma Mahadevan MD
3:50	Questions to the Panel	<i>Moderator:</i> Fernando Velayos, MD
4:15	Adjourn	
4:15-5:00 pm	Wine and Cheese Reception	



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Sunday, November 9, 2025

7:00 am	Registration and Breakfast	
7:00-7:30	Product Theater (optional)	
8:00	Opening Remarks	Uma Mahadevan, MD Moderator: Rishika Chugh, MD
8:05	When to Call the Surgeon: When to DIY	Miguel Regueiro, MD
8:35	Healthcare Maintenance in IBD	Millie Long, MD
9:05	Use of Biomarkers in Your Practice	Siddharth Singh, MD
9:35	Artificial Intelligence: The Future of IBD	Vivek Rudrapatna, MD
10:05	Questions to the Panel	Moderator: Rishika Chugh, MD
10:25	Coffee Break	
10:45	Rapid Fire: Hot Topics in IBD with Course Faculty	Moderator: Uma Mahadevan, MD
12:00 pm	Adjourn	

program



GENERAL INFORMATION

Pre-registration is preferred to ensure that there are adequate course materials.

REGISTRATION INFORMATION

Course enrollment is limited, and early registration is encouraged. Pre-registration closes on Thursday, **November 6, 2025**, and on-site registration rates apply after this date.

HOW TO ENROLL

Tuition*:

Early Bird By 9/1/25

\$395 Physicians

\$350 Advanced Practice Professionals/Nurses/
Radiologic Technologists

\$175 Residents/Fellows

Regular Fee After 9/1/25

\$445 Radiologists/Physicians

\$400 Advanced Practice Professionals/Nurses/
Radiologic Technologists

\$225 Residents/Fellows

* On-site registration will be \$50 additional.

On-Site Registration: Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

SYLLABUS

The syllabus will be distributed electronically approximately 1 week prior to the course.

REGISTER VIA:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:

UCSF Office of Continuing Medical Education
Box 0742 • 490 Illinois Street, Floor 7
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF CME Registration Office at (415) 476-5808

Payment can be made by check, Visa, MasterCard, or AmEx.

Please check our website for up-to-date information on the course: cme.ucsf.edu

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The **St. Regis San Francisco** enjoys an artful address, with the Museum of the African Diaspora located within the hotel and the renowned San Francisco Museum of Modern Art next door. This San Francisco hotel defines the modern-day interpretation of the St. Regis legacy that began over a century ago.

A block of guestrooms has been reserved at the special UCSF discounted conference rate of **\$440/night**. You are urged to make your reservations early. The cut-off date is **October 17, 2025**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only.

To make hotel reservations on-line, go to course webpage at cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage.

If you prefer to telephone in your reservation, call 1-877-787-3447 and identify yourself as a member of this UCSF conference to receive the special discounted rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. Please visit the course webpage at cme.ucsf.edu for the link and instructions.

You may also call United Meetings Reservation Desk Monday – Friday at (800) 426-1122 for booking assistance.

REFUND POLICY

Cancellations received in writing before by **November 6, 2025** will be refunded, less a **\$100** administrative fee. No refunds will be made on cancellations received after that date.



For more information or to register online visit our website at cme.ucsf.edu
You may also reach us by contacting the Office of Continuing Medical Education at tiny.ucsf.edu/cmehelp or call (415) 476-5808.
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COURSE CHAIRS

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GUEST FACULTY

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Neha Shah, MPH, RD, CNSC
Registered Dietitian and Health
Education Specialist

faculty

COURSE REGISTRATION FORM

Updates in Inflammatory Bowel Disease • RAD26102

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Mail to : UCSF Office of CME • Box 0742
490 Illinois Street, Floor 7
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Register online: cme.ucsf.edu
For support, please visit tiny.ucsf.edu/cmehelp
or by phone at (415) 476-5808

Dr. Mr. Mrs. Ms. Mx.

LAST NAME FIRST M.I.

MEDICAL DEGREE SPECIALTY

ADDRESS

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Would you like to be on our priority email list? Yes No

 Please indicate if you have any special needs: _____

REGISTRATION FEES:

Tuition*	Early Bird By 9/1/25	Regular Fee After 9/1/25
Physicians	<input type="checkbox"/> \$395	<input type="checkbox"/> \$445
Advanced Practice Professionals/Nurses/ Radiologic Technologists	<input type="checkbox"/> \$350	<input type="checkbox"/> \$400
Residents/Fellows	<input type="checkbox"/> \$175	<input type="checkbox"/> \$225

* On-site registration, beginning 9/6/25 will be \$50 additional.

Make checks **payable to UC Regents**

Please charge my credit card: Visa MasterCard AmEx for \$ _____

CARD # EXPIRATION DATE

NAME ON CARD (PLEASE PRINT) AUTHORIZED SIGNATURE

Refund Policy:

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Please check our website for up-to-date information on the course: cme.ucsf.edu

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