

# Body Imaging on Kona: Abdominal & Thoracic CT/MR/US January 20–25, 2019

Fairmont Orchid Resort & Spa  
Kohala Coast, Big Island of Hawaii

CME Credits: 25 / SAM Credits: 23.75



# Body Imaging on Kona

January 20-25, 2019

The Fairmont Orchid - Big Island of Hawaii

**UCSF** Department of Radiology  
and Biomedical Imaging  
<https://radiology.ucsf.edu/cme>



## Course Outline

This five-day course is designed for both the general and specialized radiologist in practice, and will provide an update on clinically relevant topics in chest, abdominal and ob-gyn imaging.

Practical applications of body imaging will be emphasized throughout, with interpretation tips for both routine and emerging applications. Areas of focus will include the female pelvis and early pregnancy, the male pelvis, CT/MR of the liver and other gastrointestinal conditions, and a thorough review of the thoracic cavity covering standard pulmonary protocols.

Sessions will end with an opportunity for question and answer or discussion.

## Self-Assessment (SAM) Credits

This course will offer 23.75 Self-Assessment credits (pending approval and subject to change): 8.25 in Gastrointestinal, 3.25 in Genitourinary, 3.25 in ObGyn/US, and 9.0 in Thoracic.

As of January 1, 2013, updated MOC Part 2 requirements: 75 CME credits every three years, at least 25 of which must be self-assessment activities. For more information: [www.theabr.org/moc-dr-comp2](http://www.theabr.org/moc-dr-comp2)

## Course Objectives

At the completion of this course, the attendee should be able to:

1. Diagnose common causes of acute pelvic pain in non-pregnant women;
2. Recognize the appearance of ectopic pregnancy;
3. Utilize ultrasound to identify findings suggestive and definitive of pregnancy failure in the first trimester;
4. Differentiate common solitary liver masses;
5. Describe the proper management of a renal incidentaloma;
6. Evaluate the small and large bowel in patients with abdominal pain;
7. Diagnose common and atypical pancreatic masses;
8. Apply updated guidelines for the diagnosis and management of lung nodules and lung cancer;
9. Recognize typical and atypical appearance of thoracic emergencies including pulmonary embolism and acute aortic syndromes;
10. Differentiate pathologic conditions from benign incidentalomas and mimics in the lungs, heart and mediastinum;
11. Apply standard terminology to improve description and classification of interstitial lung disease, small airways disease and bronchiectasis on HCRT.

## UCSF Faculty

**Lori M. Strachowski, MD**

*Course Chair*

Professor of Radiology, and of Obstetrics, Gynecology and Reproductive Sciences

**Travis S. Henry, MD**

Associate Professor of Radiology

**Thomas A. Hope, MD**

Associate Professor of Radiology

**Kimberly G. Kallianos, MD**

Assistant Professor of Radiology

**Michael A. Ohliger, MD, PhD**

Associate Professor of Radiology

**Emily M. Webb, MD**

Professor of Radiology

## Registration

<https://www.cme.ucsf.edu>

Pre-registration is encouraged to ensure your space in this course.

Pre-register by November 23, 2018 and save \$75 on your enrollment fee.

**Tuition** \$1,295 for all medical professionals; registration discounts are available for qualifying attendees, please review the registration form on the last page.

### **On-site Registration**

Sunday, January 20, 2019 at 6:30 am  
The Fairmont Orchid Resort  
1 North Kanikku Drive, Kamuela

**Syllabus** You must provide an email address with your registration to receive advance syllabus information, which will be distributed electronically prior to the course. A paper notebook for taking notes will be provided onsite.

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## Course Program page 1 of 2

SUNDAY, January 20, 2019

### **Female Pelvis and Pregnancy**

6:30 am	Registration and Continental Breakfast	
7:00	US of the Uterus and Endometrium: Pearls to Perfect Your US Performance <sup>SA</sup>	Lori M. Strachowski, MD
7:30	Technical Tips & Tricks for MRI of the Female Pelvis <sup>SA</sup>	Michael A. Ohliger, MD, PhD
8:00	Acute Pelvic Pain in the Non-pregnant Female <sup>SA</sup>	Lori M. Strachowski, MD
8:45	Imaging Mimics of Pelvic Pathology <sup>SA</sup>	Michael A. Ohliger, MD, PhD
9:15	Recess	
9:30	Diagnosing Nonviable Pregnancy in the 1st Trimester <sup>SA</sup>	Lori M. Strachowski, MD
10:15	MRI of Gynecologic Malignancy <sup>SA</sup>	Michael A. Ohliger, MD, PhD
11:00	Ectopic Pregnancy: Rings, Rules and Role of US <sup>SA</sup>	Lori M. Strachowski, MD
11:30	O-RADS: An Introduction to the Lexicon and Risk Stratification	Lori M. Strachowski, MD
12:15 pm	Adjourn	

MONDAY, January 21, 2019

### **Male Pelvis and Liver**

6:30 am	Continental Breakfast	
7:00	Sonography of the Scrotum: a Practical Approach <sup>SA</sup>	Lori M. Strachowski, MD
7:45	Prostate MRI T2 and Diffusion <sup>SA</sup>	Michael A. Ohliger, MD, PhD
8:30	Imaging of Biochemically Recurrent Prostate Cancer <sup>SA</sup>	Thomas A. Hope, MD
9:15	Recess	
9:30	Hepatobiliary Agents and Their Role in Liver Imaging <sup>SA</sup>	Thomas A. Hope, MD
10:15	MRI of Diffuse Liver Disease <sup>SA</sup>	Michael A. Ohliger, MD, PhD
10:45	LI-RADS Cases <sup>SA</sup>	Thomas A. Hope, MD
11:30	Rapid-body MR Imaging Techniques <sup>SA</sup>	Michael A. Ohliger, MD, PhD
12:15 pm	Adjourn	

TUESDAY, January 22, 2019

### **Gastrointestinal CT/MR**

6:30 am	Continental Breakfast	
7:00	CT of Peptic Ulcer Disease <sup>SA</sup>	Michael A. Ohliger, MD, PhD
7:30	CT of Colitis: Infection, Inflammation and Ischemia <sup>SA</sup>	Emily M. Webb, MD
8:00	Imaging of Rectal Cancer <sup>SA</sup>	Thomas A. Hope, MD
8:45	Acute Appendicitis <sup>SA</sup>	Emily M. Webb, MD
9:15	Recess	
9:30	Cystic Pancreatic Masses: Imaging Update <sup>SA</sup>	Emily M. Webb, MD
10:00	Imaging of Neuroendocrine Tumors <sup>SA</sup>	Thomas A. Hope, MD
10:45	Primary Retroperitoneal Masses: an Approach to Diagnosis <sup>SA</sup>	Emily M. Webb, MD
11:30	Everything You Need to Know about the Spleen in Less than an Hour <sup>SA</sup>	Emily M. Webb, MD
12:15	Adjourn	

WEDNESDAY, January 23, 2019

No formal course program.

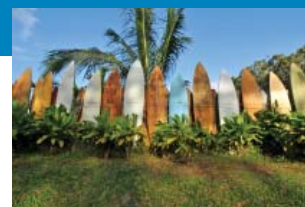


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## Course Program page 2 of 2

### THURSDAY, January 24, 2019

#### **Abdominal and Thoracic**

6:30 am	Continental Breakfast	
7:00	Acute Abdominal Pain <sup>SA</sup> .....	Emily M. Webb, MD
7:30	Interesting Cases in the Abdomen and Pelvis.....	Emily M. Webb, MD
8:00	Acute Aortic Syndrome <sup>SA</sup> .....	Travis S. Henry, MD
8:45	Look at the Heart: Cardiac Findings on Non-gated CT <sup>SA</sup> .....	Kimberly G. Kallianos, MD
9:30	Recess	
9:45	Mediastinal Masses <sup>SA</sup> .....	Travis S. Henry, MD
10:15	Update on Pulmonary Embolism.....	Kimberly G. Kallianos, MD
11:00	Imaging of Pleural Disease <sup>SA</sup> .....	Travis S. Henry, MD
11:45	How to Handle Thoracic Incidentalomas <sup>SA</sup> .....	Kimberly G. Kallianos, MD
12:15 pm	Adjourn	

### FRIDAY, January 25, 2019

#### **Thoracic and Pulmonary**

6:30 am	Continental Breakfast	
7:00	Introduction to HRCT <sup>SA</sup> .....	Travis S. Henry, MD
7:45	Pulmonary Infections <sup>SA</sup> .....	Kimberly G. Kallianos, MD
8:30	Lateral Chest Radiograph <sup>SA</sup> .....	Travis S. Henry, MD
9:00	Challenging CXR cases .....	Kimberly G. Kallianos, MD
9:30	Recess	
9:45	Small Airways Disease <sup>SA</sup> .....	Travis S. Henry, MD
10:15	Bronchiectasis: an Imaging Approach <sup>SA</sup> .....	Travis S. Henry, MD
10:45	Confidently Diagnosing Lung Cancer <sup>SA</sup> .....	Kimberly G. Kallianos, MD
11:30	Lung Nodules: What Do I Ignore, and What Do I Further Explore? <sup>SA</sup> .....	Travis S. Henry, MD
12:15 pm	Adjourn	

Lectures marked with "SA" will include Self-Assessment (SAM) questions

## Accreditation

*The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.*

UCSF designates this live activity for a maximum of **25 AMA PRA Category 1 Credits**.™

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The total credits are inclusive of 12.5 in CT, 6.75 in MRI, and 4.0 in Ultrasound.

*This educational activity meets the requirement under California State Assembly Bill 1195, continuing education and cultural and linguistic competency.*

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### The Fairmont Orchid [www.fairmont.com/orchid](http://www.fairmont.com/orchid)

Tel: 800-845-9905 / 808-885-2000 / 1 N. Kaniku Drive, Kohala Coast, Hawaii

Please note that the group room block is sold out. The Fairmont is on the West (Kona) side of the island in the Kohala coastal region north of the airport. Other resources and nearby properties are listed below:

<https://www.gohawaii.com/islands/hawaii-big-island/accommodations>

<https://www.booking.com/the-big-island>

<https://www.vrbo.com/vacation-rentals/usa/hawaii/big-island/kohala-coast>

Queen K Highway at Waimea (15 minutes north of Fairmont)

Mauna Kea Beach Hotel, Mauna Kea Fairways, Kumulani at Wailea Resort, Waiulaula Uplands, Big Island 3 BR

Queen K Highway at Puako Bay (10 minutes north of Fairmont)

Aina Malia, Honu Ohana, Puako Bed & Breakfast

Queen K Highway at Mauni Lani Drive (same exit as Fairmont)

Islands at Mauna Lani, Mauna Lani Point

Queen K Highway at Waikoloa Road West (one exit south of Fairmont)

Kings' Land Hilton

Queen K Highway at A-Bay (Anaehoomalu Bay, two exits south of Fairmont)

Castle Hali Kai, Aston Waikoloa, Kohala Suites Hilton, Hilton Waikoloa Village, Waikoloa Beach Marriott

Queen K Highway at Waikoloa Road - Inland East (15 minutes east of Fairmont)

Paniolo Greens (near the Waikoloa golf course)



### Resort Highlights

- 36-hole Francis H. Brown coastal golf course
- Spa Without Walls with oceanside cabanas and massage services
- indoor spa treatments and sauna
- 24/7 fitness center access
- children's dining menus; and full- & half- day activity programs
- Plexiplave tennis courts

At the Orchid, an ambience of comfort and luxury has been adapted to the natural surroundings and beauty of the island. Among the many resort features that guests can enjoy are Plexiplave tennis courts (including a stadium court); a ten-thousand square-foot freshwater swimming pool and surrounding whirlpools; and a protected white sand lagoon. Activities include creative wellness programs, basketball, poolside ping-pong, beach volleyball, and other water activities including outrigger canoes.

Guests may start off their mornings with a tennis clinic, power walk and stretch, low-impact aerobic conditioning, or even a snorkel cruise. The 36-hole Francis H. Brown Golf Course is both challenging and spectacular, as it runs along ancient lava flows, native landmarks and the ocean coastline. The Spa Without Walls offers a variety of spa and massage treatments in private, ocean-side cabanas. The Fitness Center is accessible 24/7.

The Orchid's Keiki Aloha (children's program) utilizes the hotel's oceanside location and enables its young guests to learn more about Hawaii and share in the aloha spirit. Children ages five through twelve (who are staying with their parents at the hotel) can participate in a wide range of complimentary activities, including Hawaiian storytelling, hula lessons, coconut-leaf weaving and other island arts & crafts. Prices vary with half-day or full-day programs. The resort also offers a children's menu (ages twelve and under) in all dining rooms.

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## Air Travel

UCSF Radiology has negotiated group discounts with Delta, United and Hawaiian Airlines for radiology course attendees. Book online to avoid additional booking fees. Kona airport code = KOA. <https://airports.hawaii.gov/koa>

Airline	Promo Code	Toll-Free
<b>Delta</b>	NMS6F	800-328-1111
<a href="http://tinyurl.com/www-delta-com-book">http://tinyurl.com/www-delta-com-book</a>		
<b>United</b>	ZFKT721044	800-426-1122
<a href="http://tinyurl.com/www-united-com-book">http://tinyurl.com/www-united-com-book</a>		
<b>Hawaiian</b>	AMUCSFRPE	800-367-5320
<a href="http://tinyurl.com/www-hawaiianairlines-com-pref">http://tinyurl.com/www-hawaiianairlines-com-pref</a>		

## Car Rental

[www.hertz.com](http://www.hertz.com) / CV# 01SY0265 / 800-654-2240

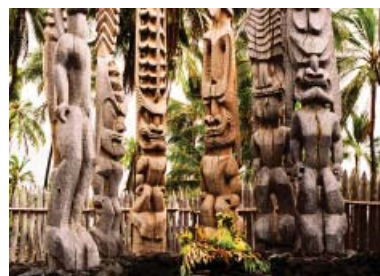
Arrangements have been made with **Hertz** Car Rental for special rates during this UCSF meeting, as well as one week before and after this meeting, on all of the Hawaiian Islands. Reservations at the group rate can be made by using the CV number listed above.

## The Big Island of Hawaii

The Big Island is the birthplace of King Kamehameha 1, the leader who united all of the Hawaiian islands by 1810. The Big Island is the anchor of the island chain and home of Madame Pele, the fire goddess of volcanoes; therefore the color ascribed to the Big Island is red. The Island of Hawaii is the largest and youngest island in the Hawaiian chain, and with the current volcanic activity, the Big Island is still growing.

The sunny and dry west side of the island is referred to as Kona, and the transformation of its shoreline by volcanic eruptions just two-hundred years ago is still evident. The misty east side of the island is referred to as Hilo -- which is a prime growing area for flowers, plants and vegetation, includes many waterfalls, and is home to Hawaii Volcanoes National Park.

The Big Island has one of the world's most active volcanoes (Kilauea), the tallest sea mountain in the world at more than 33,000 feet (Mauna Kea), and the most massive mountain in the world (Mauna Loa). Hawaii's varying and dramatic climate zones generate a world of environments on one island, including lush rain forests, volcanic deserts, snow-capped mountaintops and beautiful black sand beaches.



Place of Refuge National Park



## Activities and Tours

[www.gohawaii.com/big-island](http://www.gohawaii.com/big-island)

- Circle the Big Island Tour
- Volcanoes National Park (Kilauea)
- Place of Refuge National Park
- Mauna Kea Summit and Observatory
- Snorkel and Scuba Excursions
- Manta Ray Snorkel (nighttime)
- Catamarans and Sunset Sailing
- Luau Dinner Buffet and Hula/Fire-knife Show
- Waterfall, Valley and Beach Tours
- Kayak "Flumin' the Ditch" excursion
- Helicopter Tours
- Horse Back Riding
- Whale Watch
- Submarine Tours
- Jeep / ATV Tours
- Coffee Plantations



Mauna Kea Observatory





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## REGISTRATION

### BODY IMAGING ON KONA (RAD19 018)

January 20-25, 2019 / Fairmont Orchid, Kona

Early Enrollment Deadline: Friday, November 23, 2018

Four easy ways to register:

1. Mail this form to UCSF Office of CME, 3333 California St - Suite 450, SF CA 94118
2. Phone using Visa, Amex or Mastercard. 415-476-5808, 8:30 am-4:00 pm (Pacific Time)
3. Online at <https://meded.ucsf.edu/cme/calendar>
4. Fax this form to 415-502-1795

### REGISTRANT INFORMATION (PLEASE PRINT)

Name \_\_\_\_\_  
First Last Degree

Address \_\_\_\_\_  
\_\_\_\_\_

Tel \_\_\_\_\_ Fax \_\_\_\_\_  
Area Code Area Code

E-mail \_\_\_\_\_

You must provide your email address to receive advance syllabus information.

Paper copies will not be provided on site.

Would you like to receive general UCSF Radiology CME email notices? ☐ Yes ☐ No

Month / Day of Birth for record verification: \_\_\_\_\_ / \_\_\_\_\_ / XXXX  
month day year

### COURSE REGISTRATION

<u>By 11/23/18</u>	<u>After 11/23/18</u>	<i>Loyalty Discount applies only to live courses attended (not self-study)</i>	
<input type="radio"/> \$1,225	<input type="radio"/> \$1,295	Standard Registration	no UCSF Rad paid course 2018 cal year
<input type="radio"/> \$1,095	<input type="radio"/> \$1,170	Silver Status 10% discount	1 UCSF Rad paid course 2018 cal year
<input type="radio"/> \$ 965	<input type="radio"/> \$1,040	Gold Status 20% discount	2 UCSF Rad paid courses 2018 cal year
<input type="radio"/> \$ 835	<input type="radio"/> \$ 910	Platinum Status 30% discount	3 UCSF Rad paid courses 2018 cal year

### METHOD OF PAYMENT

☐ Visa ☐ Mastercard ☐ American Express ☐ Check, payable to UC Regents.

Card No. \_\_\_\_\_

Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

Payment may be made by credit card or by check or money order drawn on a U.S. bank in U.S. currency. We regret that we cannot accept checks drawn on foreign banks. Enrollment confirmation will be mailed to you within two weeks of receipt of the application. In the unlikely event that the program is cancelled, UCSF Radiology will refund the registration fee in full, but cannot be responsible for any hotel or travel costs.

**Cancellation** A refund of the enrollment fee, less \$100, will be made upon receipt of a written request only by Friday, December 21, 2018. No refunds will be made after this date.

